

## Invitation

### 18<sup>th</sup> FEIF Youth Camp – Hestheimar, 7-14 July 2019

Dear All,

the FEIF Youth Committee would like to invite young riders of the FEIF member countries to the 17th FEIF Youth Camp, which will be hosted by Iceland.

#### **About the FEIF Youth Camp**

FEIF Youth Camp is an international camp for young people who will TURN 14, 15, 16 or 17 years of age in the year of the FEIF Youth Camp. The camp is arranged every second year in one of the member countries of FEIF. The first FEIF Youth Camp happened in 1986.

The goal of the FEIF Youth Camp is to bring together young people from different countries. All should share a passion for the Icelandic horse, and the participants will also learn something of the horse culture(s) of the host nation. In order to take part in the FEIF Youth Camp, riders do not have to own (or bring) a horse, but they should be interested in Icelandics, and have some riding experience. Throughout the week a range of activities – with and without horses – is offered, aimed at fostering international friendship and raising standards of all aspects of horsemanship.

To achieve this, it is necessary that participants have a reasonable ability to communicate in English. Youth leaders are advised that they take the level of spoken English into account when selecting young people to participate.

#### **The role of the Country Leader**

All participants must be accompanied by a country leader who is able to speak their language, and who can also be able to communicate in good English. Country leaders are responsible for the general well-being of their charges, travel with their participants to and from the FEIF Youth Camp, and they are the link between the organisers and the parents. Country leaders are expected to know the medical and sporting abilities and limitations of their participants and will make sure that all participants take part in the total programme. Country leaders will sleep together with their teams and might also be called upon to help during the camp. For a FEIF Youth camp, one country leader can be responsible for participants of more than one country if (a) they speak the native language of all participants in their charge, and (b) if all arrangements have been cleared with the Youth representatives of the national associations concerned. In this case, FEIF needs to be notified which countries are collaborating, and who is responsible for the arrangements.

## 2019 – Welcome to Iceland

The FEIF Youth Camp takes place at the farm Hestheimar in the south of Iceland. During the week, there will be a range of different things to do: we will go riding and see some of the beautiful surroundings. Furthermore, at Hestheimar there are two hot tubs.

We will go by bus and see the Gullfoss waterfall and the 'original' Geysir, two of our most visited tourist destinations. We will also visit Friðheimar, a famous tomato farm and Efstidalur a farm hotel with a restaurant in a cow shed.

You will learn to speak some Icelandic words, and knit a hat from Icelandic wool lopi.

### The programme will include:

- Horse riding
- Hiking
- Learn some Icelandic
- Icelandic saga
- Theoretical group work
- Go swimming
- Tour to Gullfoss, Geysir, Friðheimar and some other beautiful places
- and much more...

The participation fee for the FEIF Youth Camp is **€700**, this includes full board, transfers at the venue and covers all activities. (Country leader fee €350)

The organizers and helpers are very much looking forward to the FEIF Youth Camp. Thank you to Iceland for hosting the FEIF Camp, it will be a memorable week!



*February 2019*



## What you will need for the FEIF Youth Camp 2019

**For the sake of the horses and other animals, it is of utmost importance that you respect the rules about biosecurity, particularly with your riding clothes (gloves, boots, etc)! See enclosed leaflet from MAST**

You need to pack the following:

- Warm / cold / wet weather clothes
- Riding clothes, suitable boots, **you don't need to bring a helmet.**
- Casual clothes and comfortable shoes
- Sun cream, sunglasses
- Any personal medication
- Spending money
- Camera
- Swim suit

You do not need sleeping bags or towels.

**The use of mobile phones:** the organizers appreciate that a mobile phone is very much part of everyday life, and sometimes it appears to be difficult to get by without it. However, it is also a major distraction!

**Dear Participants**, please be prepared to turn off your phone at times when we ask you to do so. **Dear Parents**, please note that we will take good care of your daughters and sons, and for the week of the camp, keep your communication to an absolute minimum.

## Application process

All applications have to go via a national country leader, and no individual applications will be accepted. Please note the following deadlines for a number of different forms:

- Participants form and CL form:
  - Deadline to return to FEIF Office: **15<sup>th</sup> April 2019**
  - Has to be sent in by the national youth leader/national offices
- Application form:
  - Deadline to return to FEIF Office: **6<sup>th</sup> May 2019**
- Liability form:
  - Deadline to return to FEIF Office: **6<sup>th</sup> May 2019**
  - Applications without liability form are not valid
- Payment:
  - **6<sup>th</sup> May 2019** - see application form for details



**Arrival – Sunday 7 July**

Transportation from Keflavik to Reykjavik with flybus to BSÍ. Pick up from BSI to Hestheimar. Takes about 50 min.

**Departure – Sun, 14th July after breakfast**

Transportation to BSÍ.

**Contact details**

If you have any questions about arrival/departure or any other matter concerning the camp, please feel free to contact:

Helga Helgadóttir, email [helga@isam.is](mailto:helga@isam.is) phone number +354 8202313

**Useful links**

The camp will be based at: Hestheimar, 851 Hella, Iceland.

<https://hestheimar.is/>

<https://fridheimar.is/en>

<https://efstidalur.is/>

GMS/HH 11/2/2019



## Einfuhr von rohem Fleisch und Milchprodukten ist verboten

Es ist verboten folgende Lebensmittel nach Island einzuführen:

- Rohes Fleisch wie z.B. Salami, Räucherwurst und roher Schinken,
- rohe Eier,
- mehr als 1kg unpasteurisierter Milchprodukte.

Folgende Lebensmittel dürfen eingeführt werden:

- gekochte oder verarbeitete Lebensmittel, auf dessen Verpackung eine ausreichende Hitzebehandlung deutlich deklariert ist.
- Jeder Reisende darf mit insgesamt 3kg Fleischprodukten zollfrei einreisen.

**Durch infizierte tierische Produkte können Krankheiten auf Tiere und Menschen übertragen werden.**



## Einfuhr von gebrauchter Angelausrüstung ist verboten

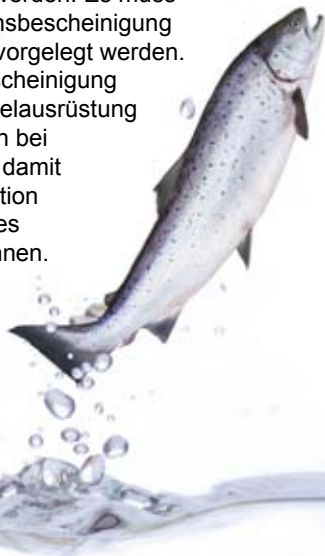
Folgendes Angelzubehör darf nicht nach Island eingeführt werden:

- gebrauchtes Angelzubehör wie Angeln, Angelrollen, Köder sämtlicher Art, außer nach anerkannter Desinfektion,
- gebrauchte Bekleidung wie Anglerhosen und Reusen, außer nach anerkannter Desinfektion.

Desinfektion:

- Die Desinfektion muss in Ihrem Heimatland von einem Tierarzt durchgeführt werden. Es muss eine tierärztliche Desinfektionsbescheinigung bei der Einreise nach Island vorgelegt werden. Kann keine Desinfektionsbescheinigung vorgelegt werden, ist die Angelausrüstung den isländischen Zollbeamten bei der Einreise auszuhändigen, damit diese eine sofortige Desinfektion der Ausrüstung auf Kosten des Eigentümers durchführen können.
- Informationen über Desinfektion und tierärztliches Bescheinigungsformulare finden Sie unter

[www.mast.is](http://www.mast.is)



## Einfuhr von gebrauchter Reitausrüstung ist verboten

Es ist verboten folgende Reitartikel nach Island einzuführen:

- gebrauchtes Reitzubehör, z.B. Sattel, Zaumzeug, Halfter, Schutzbezüge, Sattel- und Pferddecke, Gerte, usw.,
- gebrauchte Reithandschuhe,
- andere gebrauchte Reitbekleidung, außer nach anerkannter Desinfektion.



Wäsche und Desinfektion:

- Gebrauchte Reitbekleidung muss vor der Einreise nach Island in der Waschmaschine oder in einer chemischen Reinigung gereinigt werden.
- Gebrauchte Reitbekleidung, die nicht in der Maschine oder chemischen Reinigung gereinigt werden kann, muss nach folgender Anleitung gereinigt und desinfiziert werden:
  - o Gründlich mit Seifenwasser waschen,
  - o trocknen,
  - o mit 1% VirkonS® (10g pro 1 Liter Wasser) desinfizieren,
  - o Reinigung und Desinfektion mindestens fünf Tage vor Kontakt der Reitbekleidung mit Pferden auf Island.

## Import lebender Tiere ist verboten

Aufgrund der isolierten Insellage und strenger Einfuhrregeln ist Island bisher vor den meisten ansteckenden Tierseuchen bewahrt worden. Importieren Sie keine ansteckenden Krankheiten nach Island.



**Importerlaubnis ist benötigt  
- siehe [www.mast.is](http://www.mast.is)**

**Bitte respektieren Sie  
die Importbeschränkungen**



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# PROTECT Icelandic animals from infectious diseases

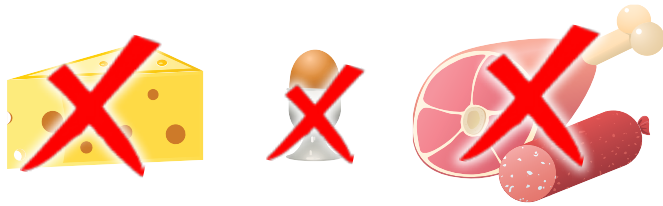


## SCHÜTZT ISLÄNDISCHE TIERE GEGEN ANSTECKENDE KRANKHEITEN!

Visitors must respect biosecurity measures!

Protect Icelandic animals from infectious diseases

## IMPORTING RAW MEAT & DAIRY PRODUCTS IS BANNED



DO NOT enter Iceland with:

- Raw meat, including salami and smoked ham
- Raw eggs
- More than 1 kg of unpasteurized milk products

The following products are permitted:

- Boiled or processed food, provided that the packaging clearly specifies heat treatment
- Each traveller can bring up to 3 kg of cooked meat to Iceland duty-free.

### NO PETS

No live animals



*Diseases can be transmitted to animals and man from food of animal origin.*

Import permit required - see [www.mast.is](http://www.mast.is)

Protect the Icelandic horse from infectious diseases

## IMPORTING USED RIDING EQUIPMENT IS BANNED



DO NOT enter Iceland with:

- Used riding equipment, such as saddles, bridles, nosebands, pads, rugs, whips, etc.
- Used riding gloves
- Other used riding clothes, unless disinfected

Cleaning and disinfection of riding clothes:

- Used riding clothes have to be washed in a washing machine or dry cleaned prior to entering the country
- Riding clothes and boots that cannot be cleaned this way should be washed and disinfected as follows:
  - Rinse thoroughly with detergent
  - Dry
  - Spray with 1% VirkonS® (10g per liter of water)
  - Store for at least 5 days prior to bringing the clothes into contact with horses in Iceland

Protect Icelandic freshwater fish from infectious diseases

## IMPORTING USED FISHING EQUIPMENT IS BANNED



DO NOT enter Iceland with:

- Used fishing equipment, such as fishing rods, reels, hooks/lures/flyes and nets, unless disinfected
- Used fishing clothes, such as waders, boots and vests, unless disinfected

Disinfection of equipment/clothes:

- Disinfection must be carried out by a veterinarian from the country of embarkation and a certificate of disinfection presented when transporting the equipment to Iceland. If a certificate cannot be obtained, the fishing equipment/clothes must be handed to customs officers upon entering the country for immediate disinfection at owner's expense.
- Disinfection instructions and a Veterinary Certificate form can be accessed at [www.mast.is](http://www.mast.is).



*As a result of its geographical isolation and strict import policy, Iceland has remained free of serious infectious diseases in animals. Please avoid introducing infectious agents to the country.*